



COVID-19 Fitness Centre Update

The Township of North Kawartha has taken actions which include working closely with the Public Health Unit to help protect the health of our community during the COVID-19 pandemic, and this is especially true with regard to the Fitness Centre. We are also requesting that members of the public share some of that responsibility, by observing the rules and regulations that have been put in place for your protection, and the protection of others.

And a reminder, effective January 04, 2022, as per [O. Reg 364/20](#), the only acceptable form of Proof of Vaccination, through-out the Province, is the QR ([Quick Response](#)) Code. And this doesn't just apply to our Fitness Centre, as noted, it's a Province-wide requirement, so it is in the best interests of all Fitness Centre members to get the code as soon as possible, and certainly before your return, as your QR code will/must be scanned before you will be allowed entry. If you require more information on the app that is used to verify your code, visit the [Verify Ontario webpage](#). Note: This app does not store any personal information, it simply scans the QR code and provides a one-time confirmation of POV, and no information remains on the phone or tablet.

Again, for all current members (and of course new members) the only acceptable form of Proof of Vaccination will be the QR Code. And, you must bring the QR code (and your ID) with you every time, not just the first time. The QR code can be a digital version (on your phone), or a printed paper copy of the code. Residents can download their enhanced vaccine certificate by visiting covid-19.ontario.ca/get-proof, or by calling the Provincial Vaccine Contact Centre at 1-833-943-3900 to have their vaccine certificate emailed or mailed via Canada Post. **Please note that the North Kawartha Public Library is also assisting residents that don't have computer or email access, in obtaining printed copies of their QR code while you wait. You may contact the Library at 705-656-4333.**

Furthermore, there will be unannounced inspections through-out Peterborough County to ensure compliance with the Provincial Regulation. As such, it is vital that all Fitness Centre members, have their QR Code and identification with them at all times.

Other items to be aware of:

- "Swipe/Access" cards are de-activated, and will not work, only Staff can let members into the Fitness Centre.
- Members must complete the "Required COVID-19 Screening Questions & Contact Tracing Record" before being allowed to enter.
- Masks must be worn into the building until you begin your workout, and again after you complete your workout.
- The machines are physically distanced and must not be moved.
- Only 1 person is allowed in a dressing room at one time. We are currently limiting total occupancy of the Fitness Centre to 10. If the Fitness Centre is busy, please come back at another time.
- You must thoroughly wipe down the equipment before and after use, with the disinfectant bottles provided.
- We request that you exit the Fitness Centre through the rear stairwell. (Understanding this may not always be possible for reasons related to accessibility).
- The Fitness Centre will be electrostatically disinfected on a regular basis.
- As the Fitness Centre is an unsupervised area, User Assumes All Risks and Liability.

Please note: Although the machines are physically distanced, when working out, droplets are expelled at higher velocities. Therefore, although masks are not mandatory (only when working out) **they are recommended.**

We all hope to return to normal operating procedures as soon as possible, but in the interim, we thank you very much for your co-operation and understanding.