



COVID-19 Gymnastics Program Update

We're aware that many were anxiously awaiting the return of the Gymnastics Program. The Township of North Kawartha has taken actions which include working closely with the Public Health Unit to help protect the health of our community during the COVID-19 pandemic. However, we are also requesting that members of the public share some of that responsibility, by observing the rules and regulations that have been put in place for your protection, and the protection of others.

There are some changes to be aware of:

- Class size is limited to 6 for the protection of everyone, and to allow for greater supervision of students.
- In conjunction with the above, kindly note that we are enforcing a strict rule in keeping the classes small, and the banquet hall free of individuals not participating, with the exception of toddlers with their parent.
- Masks must be worn into the building.
- The mats, beam and bars are physically distanced and must not be moved.
- Only 2 students, matched in pairs, will be assigned to a specific training area. Each week your child will be on either mats, bars, or beam.
- Please enter through the lobby doors and exit through the courtyard door immediately, when the class is over, so that we may use the electrostatic disinfectant sprayer between classes.
- Please arrive 10 minutes early (and no sooner) to avoid waiting in the parking lot, so that we may allow each participant to enter the banquet hall to remove boots and coats, one at a time. The same rule (maximum 10 minutes) will apply when exiting the courtyard door.
- Pre-registration is a must. Please send an email to: j.elder@northkawartha.ca, in order to enroll your child in the appropriate class, at the earliest time. Your registration form will be at the NKCC prior to the first class, so please arrive early to go over the details in the new protocols.
- Instead of running separate Fall and Winter programs, this year we are running a 19 week program commencing Monday, November 2nd, 2020, culminating with a show on Friday, April 9th, 2021. So please notify us at your earliest convenience, if you would like your child registered. Keep in mind we are working in pairs. Family groupings are ideal, as well as registering your child with his or her pod buddy at school.